



# ATLAS CULINARY INSTITUTE

Governor's Drive Langkaan I Dasmariñas City, Cavite  
☎ (046) 4091942 / + 63 932-867-5168

## PROFESSIONAL CULINARY AND PASTRY ARTS CAREER PROGRAM

PROGRAM HIGHLIGHTS: COOKERY

### I. CLASSICAL PHASE

- Kitchen Safety and Sanitation
- Knife Skills
- Cooking techniques
- Fire Safety
- Butchery
- Charcuterie
- Garde Manger
- Seafood Fabrication
- Stocks & Sauces
- Starches & Vegetables
- Pasta Cookery
- Vegetable Cookery
- Egg Cookery





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## II. PROFESSIONAL KITCHEN PHASE

### III. THEMED RESTAURANT PHASE: INTERNATIONAL CUISINE

A. WESTERN CUISINE: EUROPEAN, LATIN AMERICA, MIDDLE EASTERN

B. ASIAN: MOTHER CUISINE

C. SPECIALTY CUISINE



## IV. RESTAURANT OPERATIONS

## V. OPEN KITCHEN BUFFET

- Conceptualize, create, and execute a full buffet spread for guests.



## I. DEGUSTATION DINNER

## VII. CULINARY TOUR (NON-MANDATORY)



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## PROGRAM HIGHLIGHTS: BREAD AND PASTRY

### I. CLASSICAL PHASE:

- Yeast Breads
- Quick Breads
- Cookies
- Petit Fours
- Pies and Tarts
- Pate a choux
- Laminated Dough
- Simple Cakes

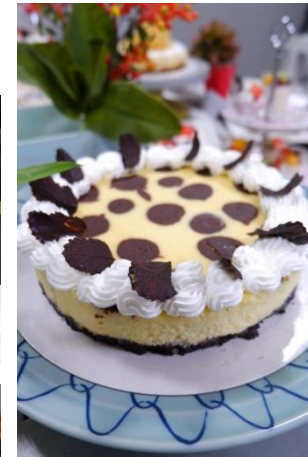




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- Frozen desserts
- Creams and Mousses
- Custards and Soufflés





## II. SPECIALTY CLASSES

- Chocolate & Confections
- Cake Decorating Class
- Specialty Cakes
- Concept Dessert

